

Pies Nutritional Information

FRENCH SILK CHOCOLATE PIE

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
	Total Fat 29g	45%	Total Carb. 40g	13%
Serv. Size 3 3/4 oz (106g)	Sat. Fat 17g	85%	Fiber 1g	4%
Serv. Per Cont. 10	Trans Fat 2.5g		Sugars 21g	
Calories 430	Cholest. 65mg	21%	Protein 4g	
Fat Cal. 260	Sodium 150mg	6%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	Vitamin A 10%	Vitamin C 0%	Calcium 2%	Iron 10%

INGREDIENTS: Pastry Flour, (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Shortening All Vegetable (partially hydrogenated soybean & cottonseed), Margarine (partially hydrogenated and fully refined soybean oil, water, salt, mono and diglycerides, and lecithin. Sodium benzoate added to help preserve freshness. Artificially flavored. Artificially colored with beta-carotene. Vitamin A palmitate added.), Water, Sugar, Egg whites, (guar gum and triethyl citrate), Salt, Ultra Non-dairy Whipped Topping (water, partially hydrogenated palm kernel oil, high fructose corn syrup, sugar, contains less than 2 % of the following: sodium caseinate (a milk derivative), artificial flavor, dextrose, polysorbate 60, sorbitan monostearate, xanthan gum, guar gum, colored with beta carotene), Whole Eggs, Butter (cream, water, salt), Supreme Fudge Base (cocoa (processed with alkali), emulsified vegetable shortening (partially hydrogenated soybean and cottonseed oils, mono-and diglycerides, soy lecithin), soybean oil, corn syrup, sodium bicarbonate), Chocolate Shavings (sugar cocoa butter, milk, chocolate liquor, soya lecithin (an emulsifier), vanillin (an artificial flavoring). This item contains dairy products), Buckeye Brown Gel (water, high fructose corn syrup, glycerine, FD&C Red 40 (B129), FD&C Yellow 6 (B110), FD&C Yellow 5 (B102), corn syrup, modified food starch, FD&C Blue 1 (B133), FD&C Blue 2 (B132), RD&C Red 3 (B127), sodium benzoate and potassium sorbate (as preservatives), carrageenan, agar gum, citric acid), Vanilla Extract (water, propylene glycol, alcohol and vanillin)

CONTAINS: Eggs, Milk, Soybeans, Wheat

Key Lime

Nutrition Facts	
Serving Size 3 9/100 oz. (88g)	
Servings Per Container 10	
Amount Per Serving	
Calories 290	Calories from Fat 120
% Daily Value*	
Total Fat 14g	22 %
Saturated Fat 8g	42 %
Trans Fat 1.5g	
Cholesterol 10mg	4 %
Sodium 180mg	7 %
Total Carbohydrate 38g	13 %
Dietary Fiber 0g	
Sugars 23g	
Protein 4g	
Vitamin A 2 %	• Vitamin C 2 %
Calcium 10 %	• Iron 4 %
*Percent Daily Values are based on a 2,000 calorie diet.	

INGREDIENTS: Sweetened Condensed Milk, Ultra Non Dairy Whipped Topping (Water, Partially Hydrogenated Palm Kernel Oil, High Fructose Corn Syrup, Sugar, Contains Less Than 2% of the Following: Sodium Caseinate (A Milk Derivative), Artificial Flavor, Dextrose, Polysorbate 60, Sorbitan Monostearate, Xanthan Gum, Guar Gum, Colored With Beta-Carotene), Graham Crumb Crust (Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], High Fructose Corn Syrup, Whole Wheat / Graham Flour, Vegetable Oil Shortening [Hydrogenated Soybean and / or Cottonseed Oils], Sodium Bicarbonate, Salt, Honey), Lime Juice, Margarine (Partially Hydrogenated and Fully Refined Soybean Oil, Water, Salt, Mono and Diglycerides, and Lecithin. Sodium Benzoate Added to Help Preserve Freshness. Artificially Flavored. Artificially Colored With Beta-Carotene. Vitamin A Palmitate Added.), Sugar, Pastry Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid).

PUMPKIN

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 5 OZ.		Total Fat 15 g	23 %	Total Carb. 44 g	15 %
Serv. Per Cont. 8		Sat. Fat 4 g	21 %	Fiber 4g	15 %
Calories 220		Trans Fat 3.5g		Sugars 20g	
Fat Cal. 140		Cholest. 45mg	16 %	Protein 5g	
		Sodium 390mg	16 %		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		Vitamin A 20 %	• Vitamin C 2 %	• Calcium 8 %	• Iron 6 %

Ingredients:

Milk (grade A milk and vitamin 3D), pumpkin pie mix, canned, sugar, flour (bleached wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), shortening, all vegetable (partially hydrogenated soybean & cottonseed), whole eggs, water, pastry flour, (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, cinnamon, ground pumpkin pie spice (cinnamon, allspice ginger, imitation mace, and cloves)

Contains: wheat, soy, milk & eggs

APPLE

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INGREDIENTS: Apples (frozen, sliced), Water, Sugar, Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), Shortening All Vegetable (partially hydrogenated soybean & cottonseed), Pastry Flour, (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Cornstarch, Salt, Cinnamon, Ground

CONTAINS: Soybeans, Wheat

CHERRY

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INGREDIENTS: Red Tart pitted Cherries, Water, Sugar, Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), Shortening All Vegetable (partially hydrogenated soybean & cottonseed), Corn Glucose Syrup, Cornstarch, Pastry Flour, (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Salt, Almond Flavoring (Water, propylene glycol, xanthan gum, essential oils, benzoate of soda as preservative)

CONTAINS: Soybeans, Wheat

PECAN

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INGREDIENTS: Corn Glucose Syrup Low Conversion, Sugar, Whole Eggs, Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), Shortening All Vegetable (partially hydrogenated soybean & cottonseed), Nuts, Pecans, Dried, Margarine (partially hydrogenated and fully refined soybean oil, water, salt, mono and diglycerides, and lecithin. Sodium benzoate added to help preserve freshness. Artificially flavored. Artificially colored with beta-carotene. Vitamin A palmitate added.), Water, Pastry Flour, (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Vanilla Extract (water, propylene glycol, alcohol and vanillin), Salt

CONTAINS: Eggs, Nuts, Soybeans, Wheat

Candy Bar

Nutrition Facts	
Serving Size 3.45 oz (98g)	
Servings Per Container 10	
Amount Per Serving	
Calories 410	Calories from Fat 250
% Daily Value*	
Total Fat 28g	43 %
Saturated Fat 19g	93 %
Trans Fat 0.0g	
Cholesterol 75mg	24 %
Sodium 220mg	9 %
Total Carbohydrate 39g	13 %
Dietary Fiber 1g	5 %
Sugars 26g	
Protein 3g	
Vitamin A 8 % • Vitamin C 0 %	
Calcium 2 % • Iron 4 %	
*Percent Daily Values are based on a 2,000 calorie diet.	

Peanut Butter Cup

Nutrition Facts	
Serving Size 3.45 oz (98g)	
Servings Per Container 10	
Amount Per Serving	
Calories 420	Calories from Fat 270
% Daily Value*	
Total Fat 30g	46 %
Saturated Fat 20g	100 %
Trans Fat 0.0g	
Cholesterol 70mg	24 %
Sodium 280mg	12 %
Total Carbohydrate 36g	12 %
Dietary Fiber 2g	7 %
Sugars 25g	
Protein 4g	
Vitamin A 6 % • Vitamin C 0 %	
Calcium 2 % • Iron 6 %	
*Percent Daily Values are based on a 2,000 calorie diet.	